

Extend-A-Family

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Registered Charity
11890-4846-RR0001

Board of Directors

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Vice Chair: Susan Petko
Secretary: Michele Schmidt
Treasurer: Bob Slessor

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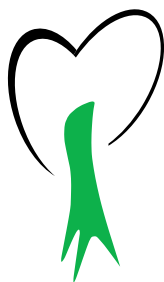
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Sharon Anderson
Selena Blake
Kathie Brooks
Ruth Fernandes
Jennifer Lementi
Rebecca Lovering Spencer
Janice Matthews
Sharon Power
Mirjana Prikril
Sam Rochese

Safe and Secure Futures

Network Coordinators

Sharon Anderson
Sharon Power



extend a family

winter 2007

How Extend-A-Family Helped Me Get My First Job

I always dreamed of getting a job of my own and it finally happened. This summer, I volunteered for two weeks at Capucci's, a salon in my Bloor West neighbourhood. I went there with my Extend-A-Family summer student. Together we learned my job responsibilities. She helped me stay on task while I was getting used to my new environment. I learned how to fold the smocks and towels, wash the hair colouring bowls, sweep the floors and get drinks for the customers. I was happy that everybody said I was doing a good job.

In fact, they offered me a job every Saturday. I was so excited! When I got my first pay cheque, it felt so good because I showed my family and they were pleased and proud of me. I want to tell all the other kids with disabilities that anything is possible. They can get a job in their neighbourhood too! I want to thank Capucci and Extend-A-Family for their support and the great opportunity.

Lauren Macijiwsky

"Coming together is a beginning; keeping together is progress; working together is success."

Henry Ford

New Beginnings

"Sail away from the safe harbour. catch the trade wind in your sails. explore. dream. discover."
Mark Twain



Lauren & Gino at Cappucci Spa & Salon

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Call for Submissions

If you would like to submit an article to upcoming Extend-A-Family newsletters, please send it to your coordinator or the office, specifying that it is for the newsletter. If you would like to submit a photograph, you can send it to the same person; please recognize that we **must** have signed release forms from **all** people appearing in the photograph. All submissions will be subject to editing at the discretion of the Newsletter Committee. Additionally we cannot guarantee that your contribution will be used. Given all of that... **We would love to hear from you!**

From our Executive Director:

Greetings,

Now that the hustle and bustle of the holiday season is behind us, I hope you can take a moment to relax and enjoy the articles and heartfelt stories of friendship included in our newsletter.

Extend-A-Family staff and board members continue to work in partnership with individuals, families and welcoming community members. We believe that all people belong and that our community is stronger when all members are included. We also believe that when we think creatively, work in collaboration, great things can, and will happen. We must continue to dream that we can and do make a difference.

"Some people see things as they are and ask why? I see how things could be and ask why not?" John F. Kennedy.

Best Wishes for a happy and healthy year,

Anne Marie Cole

Best Wishes for 2007 from the Chairperson of E-A-F Board of Directors:

As the Board Chair of Extend-A-Family, on behalf of the Board, I would like to extend our best wishes for 2007. We were grateful in 2006 to find three individuals who were willing to take the time to join the Board. They are Kendra Clarke, Jasmine Do Haile and Jasmi Shah. We look forward to their different backgrounds and experiences contributing to the work of the Board.

Every New Year brings an exciting mixture of new beginnings and uncertainties. I remember when my son was small; a stranger stopped us and asked if she could share a piece of wisdom, which someone had shared with her when her daughter was born twenty years ago. She wished someone had told her that half the things she worried about regarding her daughter's future with a disability would never materialize. I have tried to remind myself of her advice over the years during my son's school years and other struggles of childhood and adolescence. I believe she was right. I also know that many of my worries were alleviated through our relationship with Extend-A-Family and for that, I am extremely grateful.

Susan Walker Kennedy

"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."

Albert Einstein

"The future belongs to those who believe in the beauty of their dreams."

Eleanor Roosevelt

What do the Kids at Lillian PS think of Friendship Circles?



Students from Lillian Public School have been part of a Friendship Circle for a year. They are from the grade 3 class and have been coming together every other week over

the lunch hour to eat together, play games, take turns, share stories, listen to each other...do all the fun things that friends typically do.

This is what the students had to say about their experience of being in the Friendship Circle.

Shannon "I like playing with my friends at lunch".

Janice "I like playing Hullaballo with my friends".

Jordyn "I learnt to do cartwheels at the Friendship Circle".

Adrian "I enjoy playing with my friends at the Friendship Circle"

Asad "I like playing Hullaballo with my friends"

Ehsan "I get to share at the Friendship Circle"

Suzie "I enjoy playing different games"

Ms. Plener has been an encouraging support and inspiration to the group. The Friendship Circle will continue to meet in the New Year with some new students being given the opportunity to participate in it.

"Loves gift cannot be given It waits to be accepted"
Rabindranath Tagore

My Daughter Stacy

My name is Jo-Anne Jacobson and this is the story of my daughter Stacy. Stacy was born on January 10th 1985.

She was born 2 months premature and with a condition called Hydrocephalous; she had a shunt put into her head when she was only 11 days old. The Doctors did not expect her to be able to walk or even talk; I was told to put her into an institution.

I am glad that I did not listen to the doctors, as Stacy has finally finished High School and received the G L Philips Achievement Award that is given only to two recipients a year, with a disability. Stacy is even going to George Brown College taking the College Vocational Program.

Stacy is a very caring and loving person towards her friends and she makes a lasting impression. Whoever gets to know Stacy will become a friend for life.

At Rosedale Heights School for the Arts, Stacy was in a special education program. She did a lot of co-op placements, such as: Sobeys, Zellers, Value Village and Wellesley Central Place. Stacy enjoyed the different jobs because it provided many opportunities and helped her make decisions on what kind of job she wanted to do in the future. Stacy was also involved in Best Buddies, which is a non-profit organization that matches mainstream students with special needs students in the school environment. Stacy's match took place at Branksome Hall, an all girls' school. Stacy got to know many girls and became friends with most of the Best Buddies. Stacy's last 2 Buddies still kept in touch with her, even when they went to University in Halifax. One buddy's mom came to Stacy's Graduation, to congratulate Stacy on her award.

I am very proud of Stacy and all that she has accomplished throughout the 21 years of her life.

By: Jo-Anne Jacobson

"Each friend represents a world in us, a world possibly not born until they arrive, And it is only by this meeting that a new world is born."
Anais Nin

Celebrating the Power Of Friendship

"Power of Friendship"

Congratulations to Nivedata Ramsakal, the Buddy Advocate, for Best Buddy's Chapter at University of Toronto, Scarborough Campus, for receiving "The Most Enthusiastic Buddy Advocate Award." Best Buddies Canada presents this award annually "for dedication to the fostering of friendship and to supporting barrier-free inclusion."

Nive (Nivedata) and Kim Esguerra were introduced about 3 years ago through the Best Buddies Program and have been friends ever since. Nive and Kim enjoy spending time together; they both love the movies and have built a strong friendship over time. Ultimately, Best Buddies is about connecting with others and the power of friendship.



Kim on left Nive on right

"The best way to prepare for life is to begin to live."
Elbert Hubbard

Niyoosha & Janice are part of a Friendship Circle at Lillian Public School



"This is my friend Janice and me (Niyoosha). We're having fun playing outside together."

Thank You for your fabulous drawing Niyoosha!



Andreas Prinz & His Circle of Support

On the last Monday of November 2006, Andreas Prinz attended the Safe & Secure Future Network's monthly meeting at the Royal York United Church and shared his personal knowledge and experience of his own Circle of Support. Andreas and some of his Circle of Support members answered frankly and honestly, the many questions every parent of a child or adult with a developmental disability asks: How will my son/daughter manage life as an adult with so many challenges to face? How can an acceptable level of independence be achieved? Where will my son or daughter live? Who will support my son/daughter to live independently? How can financial independence be achieved? Whom can I invite into a support circle?

In Andreas' case, his mother Heide Prinz, asked the same questions, and she knew that she alone did not have all the answers and would need help with this. She asked many of both her and Andreas' friends to come and meet on a regular basis and start a Circle of Support. She wanted people to get to know Andreas on a personal level, to be part of his life and eventually to be part of his decision making team.

Andreas' Circle of Support is essentially a commitment to him, a journey so to speak...to help him aspire to all of his hopes and dreams....to support him during the course of his life... through both his challenges and triumphs.

At first, there were probably about 12 – 16 people, who met once a month, asked questions, shared knowledge and sought solutions...one of the biggest hurdles for Andreas and his Circle of Support was how to make Andreas feel comfortable in his own apartment and put the necessary supports in place to make him feel safe and secure. At the same time, as Andreas was trying to transition into his own home, he received a horrendous emotional blow, when his beloved mother Heide passed away. Anyone, who has lost a loved one, can understand Andreas' bereavement and loss at this difficult time. At the same time, Andreas had to move into his new apartment and deal with his loneliness and many fears. Some of the questions that his Circle of Support asked: where do we find affective counselling for Andreas, whom to hire as support staff to help Andreas with his life skills, finding a job for Andreas, how to build a social life for Andreas?

Whilst some original members of Andreas' Circle of Support have moved on due to personal life changes, many of the early members of Andreas' Circle of Support are still very active in his life, and new members are getting involved all the time. When the Circle of Support gets together, it is a lively, engaging evening; we usually meet once a month and set aside two hours to cover the meeting. Andreas feels very secure with the support of his friends and he always has a lot to share and discuss with us.

There are many rewards involved in being a part of someone's Circle of Support. We get to see how Andreas has grown and matured from being a frightened young man, who relied on his Circle of Support for lots of decision, to being a proud and accomplished young man, who has his own point of view and opinions, meets with his friends to exchange ideas and share. The Circle of Support is a process that has taken time and the members of Andreas' Circle of Support have evolved as a group, who have something to contribute to Andreas' life and who take pride in seeing him grow into his full potential.

Commentary Provided by Hedi Fuhs (Support Circle Member)

"A loving heart is the truest wisdom."
Charles Dickens

Friendship Circle at Pleasant Public School

Caring for each other
Integrating each other cultures
Reliable when you need someone
Close friends
Laughing and playing games together
Entertaining each other

Old friends should welcome new friends
Friends having lots of fun together

Friendly environment for everyone
Recreation fun and games
Interesting things to do
Everyone should be a part of the group
Never too late to join the Circle of Friends
Daily friendship
Surrounding the CIRCLE OF FRIENDS with joy and happiness



Grade 5 Circle Of Friends At Pleasant PS

The purpose of the Circle of Friends is to share and help each other To understand how important friendship is to be nice and respect everyone. I look forward each week to meet with the group where we can share ideas, play and have fun together.

BY: JULIANNA KOWLESSAR

"Friends are those rare people who ask how you are and then wait for the answer." Unknown

Why I Enjoy Having a Circle of Support by Mark Humenyk

I enjoy having a Circle of Support because I like people coming over to talk to me about my feelings and concerns, and they provide support in my life, like sharing news about new or current activities around the City of Toronto that might interest me. Lots of people usually attend my Circle of Support: my parents Mary and Joe, my sisters Nadia and Joanna, my brother in law John, my cousin Joe who shares my interest in shortwave radio, my other cousin Jim, my roommate Mark F., my friends Astra, Paul, Alex, and sometimes Dave my friend from curling, and Joan who often helps me get to curling. I feel secure in knowing that my friends are coming to talk about how they can help me. I feel loved by them, and even though the Circle of Support is focused on me, friendships are being built.

At the meeting, the facilitator has made a large chart that lists my needs, my talents, my strengths, my life skill needs, sports clubs I belong to and possible job areas that I might be good at. The circle gets to know me better and how they can help me.

It is good to have regular meetings with friends who are interested in supporting you and making your life happier and easier. In addition, your Circle of Support will be there to support you and help your parents out. They will also carry on helping you and keep in touch after your parents or caregivers pass away because they know about your likes and dislikes, what you need and how they can continue helping you in your life.



Others can start a Circle of Support for themselves by starting to ask adult family members, close friends from social or sports clubs, or neighbours that you feel would like to help you. You pick a date, when most people can attend, a suitable time and location for the meeting; you could ask an Extend-a-Family Coordinator, or the Safe and Secure Futures Facilitator to help you with this. Asking for support from others can be helpful in getting the Circle of Support started. Oh Yeah! Always set the date and time for the next meeting before you leave.

I make friends by joining a variety of sports, social and volunteer activities. It is another way to get people involved in my life. I think other people should think about having a Circle of Support, so they can hook up with other people, share their interests and joys.

Safe and Secure Futures Networks, sponsored by Extend-A-Family, through the City of Toronto Community Service Partnership Program, aim to empower families to develop and nurture a support circle with their family member who has a disability. Network meetings offer opportunities to share and learn from each other, through discussion of topics of mutual interest.

For more information, contact

Sharon Anderson – Central/East Network Facilitator (P) 416 4234092 Email sa@extendafamily.ca, Sharon Power - West Network Facilitator (P) 416 3542521 Email. sp@extendafamily.ca

“Go confidently in the direction of your dreams. Live the life you have imagined.”
Henry David Thoreau



A Short Story by Lara Wong (Grade 4 Student at Lambton Kingsway JMS)

It was Friday and a cold winter day. The Wong family was going to the mountains for the weekend. After dinner, they got ready. Peter, Lola, Lara, Brook, Chris, Curley and Chantal (my friend) packed their sleeping bags, even Curley (my favourite stuffed animal), packed her bag. They packed their skis and their jackets. They packed food in the cooler. They also packed flashlights and matches. At 9:00 PM, they drove to the mountains and when they arrived, it was 5:00 AM in the morning. It was still dark.

The Wong family decided to take a long hike to find the mountain where the cave was. Brook and Chris carried everything to the cave. When they got to the cave, they organized everything in the cave. Then they went for a walk and it started to snow. When they returned to the cave, 5 meters of snow had fallen. They all took a shovel and started to push the snow away.

After working so hard, it was lunchtime, they ate fish, and they drank apple juice. Everybody went skiing except Chantal because she was guarding the cave, so she had some marshmallows and hot apple cider. Then, Chantal heard a noise outside the cave. Thinking that it was the family coming back; she looked outside to see who it was? There was a pack of wolves staring at her. She

ran back into the cave and screamed for help. Brook heard Chantal scream and told the others.

The whole family ran to the cave to see what was happening. They saw footprints leading to the cave. They started to run faster and faster, then Brook and Chris bumped into each



other and fell head first in the snow. Chantal screamed louder "help!" Peter, Lola and Lara ran into the cave. Lara saw the wolf with his mouth open getting closer to Chantal. Lara ran and jumped on the wolf and tried to grab the wolf's mouth with both hands. The wolf was so scared that he ran away.

Brook and Chris walked back to the cave wondering what happened. Chantal told them that Lara saved her life. Everybody was happy that Lara

saved Chantal's life. To celebrate they had hot chocolate, cookies, and marshmallows. Then they all tried to go to bed. When Brook and Chris went to bed, they both tripped over their sleeping bags and started to fight. Peter said "STOP FIGHTING !!!" Finally, the Wong family went to bed.

The family woke up because they heard the wolves outside. Lara looked outside and saw the wolves surrounding the cave. She didn't know what to do ... but then she thought of an idea. Do karate (ihya! ihya!) then the wolves got scared and ran away again. She walked back into the cave and told everybody that it was safe. Finally, everybody tried to go back to sleep but Brook and Chris were still scared, even though they had their stuffed animals.

The next day, everyone went skiing. They met Lara's classmates and they invited them to their cave for a hot apple cider and cookies. Lara's friend Sharie brought her portable CD player, so they danced until 9:00 PM. They had so much fun that they forgot the time. It was time for everyone to go to bed. In the morning when they woke up, Chris and Brook made a fire and cooked macaroni and bacon and hot apple cider. After breakfast, the girls listened to music and told each other stories. They laughed a lot.

What's fun about being in a Friendship Circle?



Sameen: I like playing and making things.

Julia: I like making friends.

Justin: I like playing with friends.

David: I like lego cars and playing outside.

Nathan: I like learning new games, other kinds of activities and making a friendship circle.

Zahra: I like playing with cars, playing lots of games and having fun together.

Friendship Circle at Regent Heights Junior Public School

"Take the first step in faith. You don't have to see the whole staircase, just take the first step."
Dr. Martin Luther King Jr.

A Parent's Perspective!

It has been my pleasure going to the West Parents Support Group for the past year. There is always a hot cup of tea and something delicious to eat that, creates a safe, welcoming and relaxed atmosphere. There is mutual empathy and understanding when we share our stories regarding in-school issues, planning for school breaks, trying to find the best services and programs for our kids and taking care of our other family members and ourselves.

I learn something every time I go; whether its how someone handled a challenging situation, or how someone stood up for his/her child's rights, or even appreciating your child more for his/her own achievements when you hear how others are struggling. It gives us the opportunity to share our pride in our children's accomplishments. Myself-confidence has increased since I started to go because I've had more opportunities to talk and open up about my feelings and how life can get overwhelming at times.



End of year get together at the Mandarin Delia Liz, Myrtle, Evan

I feel that every parent, especially parents who have kids with special needs, benefit from a support group such as the West Parents Support Group. It's too big and important a job that we do for our kids and family everyday, to have to do it on our own. There is a lot of information sharing that happens that helps us to prepare for the future.

I know there have only been moms coming out so far to the group but it would be nice to have a dad come out to share his stories.

Laura Van Wyk

"To unpathed waters, undreamed shores."
William Shakespeare



Osvalda, Laura, Susan, Sandy

Summer is just around the corner.....



It's that time of year again. Here are a few suggestions on beginning to plan your summer!

Extend-A-Family can assist with planning inclusive community opportunities. We will be applying to Human Resources and Skills Development Canada for funding to hire summer students again this year. As in previous years, we will try to offer support for a maximum of 2 weeks per family. The focus will be on supporting children in integrated recreation programs and teens in planned community activities.

Families can also request one-to-one Integration Worker support from Parks and Recreation for a maximum of two weeks. Contact your district Adapted and Integrated Services office as soon as possible to apply.

East District 416-396-7760
North District 416-395-6183
South District 416-392-1783
West District 416-394-8533

The City of Toronto Parks and Recreation Spring/Summer Fun Guides will be available at the end of winter session. The starting dates for registration for summer camps, spring/summer general programs, and spring aquatics will be found in the Fun Guides.

Contact your Extend-A-Family coordinator at the end of February for assistance in planning to make this a safe, enjoyable and fun summer for all!

*"Wheresoever you go, go with all your heart."
Confucius*

Exciting Happenings & Updates!

Mark Your Calendars!

"David Pitonyak Visit"

We are excited to be hosting a workshop for families facilitated by David Pitonyak, Ph.D, on March 21. He will help us explore supporting people with "difficult behaviours" which he believes are messages that can tell us important things about a person and the quality of his or her life. For more information about David's work, visit his website www.dimagine.com.

Registration for this workshop is limited to 35 family members; call the office at 416-484-1317 for more details.

Winter Friendship Celebration

Please join Extend-A-Family for our Winter Friendship

Celebration on Sunday, February 18 at the North Toronto

Memorial Community Centre at Yonge and Eglinton. Call the office at 416-484-1317 for more details

Just for laughs...

Submitted by the Prince of Peace
Grade Six Media Club

What is a ghost's favourite flavour?

Booberry!

**What do you call a boomerang that
doesn't come back to you?**

A stick!

**One day I prayed to God that I would
get a bike, but I realized that God
doesn't work that way so I stole a
bike and prayed for forgiveness!**

For more jokes and riddles check out
the link on the Media Club's webpage
fabulously created by Andy Lau! You
can also check the webpage to see
what the media club is working on
and what's up and coming!

[http://themediaclubbyandy.blogspot.
com/](http://themediaclubbyandy.blogspot.com/)

Dads' Group Central Toronto

We invite you to join us at our gathering for dads who have children (of any age) with a disability. This informal time is designed for dads to share, be together and connect with each other.

Time: 7:00 – 9:00 pm

Dates: Thursday January 11, 2007 (meetings beyond these dates to be confirmed)

(Please note: We will be meeting once a month until further notice).

Location: Courtyard Co-op,
10 Broadway Ave.

3rd Floor, #306
Commonview Room

Buzzer 415.

Broadway is two blocks north of Eglinton. Building is located just east of Yonge. Access through driveway off Broadway. Paid parking below ground, street meters, or Green P just north at Castlefield.) Subway tokens provided.

Please let us know if you plan to attend.

Contact: Extend-A-Family,
Sam Rocchese 416-530-0272
or sr@extendafamily.ca

"What lies behind us and what lies before us are tiny matters compared to what lies within us."
Ralph Waldo Emerson



Socially Acceptable Behaviours/Sexuality Workshops & Presentations

Extend-A-Family has just wrapped up another successful workshop series. The sessions were designed in consultation with Toronto Public Health and provided families with practical learning opportunities and information about sexual health and social skills, while also giving parents a forum to network with other families who are interested in supporting their children in this important aspect of learning.

The workshops were held at our offices one evening per week, for five weeks to families with children aged 11-14 years. Each young person was required to attend with a family member in order to help reinforce the information at home.

EAF was invited to present an overview of this workshop at a training seminar for secondary school teachers with The Toronto Catholic District School Board. We look forward to future community collaboration on this very important topic.

Future opportunities will be based on ongoing feedback from families and the community

Bienvenue New Staff Members!

Welcome Selena Blake!

Hi! I'm Selena Blake and I began working for Extend-A-Family in June 2006. I recently graduated from the Social Service Worker Program at Centennial College and I'm currently working as a Coordinator in the North East Scarborough area.

I am so pleased that I was able to find an organisation that is grounded on values and principles that celebrate giftedness. I would like to thank all of the families and community partners that I have met thus far, for giving me a warm welcome; big thanks also goes out to my colleagues for being very supportive in assisting me in learning my role as a coordinator.

Selena Blake, Coordinator



Welcome Jennifer Lementi to Extend-A-Family

Thanks to all who have welcomed me to EAF! It is wonderful to be working with such inspirational people. For those of you I have not yet had the opportunity to meet, my name is Jennifer Lementi and I joined the EAF team in April 2006. Working in the community is probably my favourite part of the coordinator role. I absolutely love my job and am looking forward to future opportunities in 2007. Best wishes to all for a prosperous new year!

Jennifer Lementi, Coordinator

A Warm Welcome to the Following Board Members:

Jasmi Shah

Jasmi Shah currently works in management consulting. Prior to working as a management consultant Ms. Shah was an Investment Banking Analyst at Credit Suisse First Boston. Her charitable involvement along with Extend-A-Family includes but is not limited to, the Bob Rumball Centre for the Deaf, the Animal Shelter, the Food Bank and Centenary Health Centre.

Ms. Shah received her B.B.A. (Honours) from the Schulich School of Business, York University.

Kendra Clarke

Kendra graduated from the Educational Special Needs Support program at Niagara College. She has worked in various group homes for adults with disabilities in the Niagara Region. From this experience she realized how much more work had to be done within communities in order to provide inclusion and integration for people labelled with disabilities; this led Kendra to pursue a Degree in Disability Studies from Ryerson University. She currently teaches inclusive music classes at a music school.

Jasmine DoHaile

I have been a volunteer Board member with Family Services Association since 1999 and recently joined Extend-A-Family. My reason for joining E-A-F is to gain a more hands on experience in volunteering. Being a Host family has added to our lifestyle in a meaningful way, and we truly value our relationship with our Natural family. As another group of families sponsored my family to Canada, I plan to continue being a host family and to spread the news of this program to help other families in our community.

"Life is either a daring adventure or nothing."
Helen Keller

Good Luck to the Following Staff Members

Fond Farewells

Christi Barber who recently retired from Extend-A-Family. We will miss you and wish you well in your futures endeavours.

Deanna Berry-Glamma – Best of Luck in whatever you choose to do!



A New Family Arrival!

Congratulations to Rebecca, Rob and Joshua who welcomed home Kaylib the newest member to their family on October 11th 2006!

"To find what you seek in the road of life, the best proverb of all is that which says: "Leave no stone unturned." Edward Bulwer Lytton

Extend-A-Family & Community Support Groups

"West Parents Support Group" @ Longbranch Baptist Church

Day: Thursday
Time: 9:30 – 11:30
Contact: Sharon Power
Phone: 416-354-2521
Fax: 416-354-2579
Email: sp@extendafamily.ca

"Central Parents Support Group" @ Courtyard Co-op

Day: Thursday
Time: 9:30 – 11:30
Contact: Jennifer Lementi
Phone: 416-653-9234
Fax: 416-653-9335
Email: jl@extendafamily.ca

"Mom's Morning Out" East Support Group @ Cliffcrest United Church

Day: Every other Thursday
Time: 9.30 -11.30
Contact: Janice Mathews
Phone: 905-509-8494
Fax: 905-509-8561
Email: jm@extendafamily.ca

"Safe & Secure Futures Network" (West Region) @ Royal York United Church,

Day: Monday Evenings
Time: 7:00 – 9:00
**For further information and to
register contact:** Sharon Power
Phone – 416-354-2521
Fax 416-354-2579
Email: sp@extendafamily.ca

"Safe & Secure Futures Network" (Central & East Region) @ St. Simon the Apostle Anglican Church

Day: Tuesday Evenings
Time: 7: 00 – 9:00
**For further information and to
register contact:** Sharon Anderson
Phone: 416-423-4092
Fax: 416-423-5233
Email: sa@extendafamily.ca

"Dads' Group" @ Courtyard Cooperative

Day: Thursday Evenings –
Additional Dates TBD
Time: 7:00 – 9:00
**For further information and to
register contact** Sam Rochese
Phone: 416-530-0272
Fax: 416-530-4939
Email: sr@extendafamily.ca

"I have spread my dreams beneath your feet. Tread
softly because you tread on my dreams."
W.B. Yeats



SPRING FUN

T	D	B	S	I	S	E	N	B	X	V	U	F	P	M
A	A	L	U	E	S	M	G	N	I	N	A	E	L	C
L	Y	O	N	E	A	Z	O	G	L	W	S	M	O	B
L	E	O	C	S	R	H	L	Y	M	R	K	H	U	I
E	X	M	Y	N	G	R	J	A	E	D	I	T	K	B
R	T	Q	C	Y	I	M	Y	W	A	N	T	R	I	E
B	J	N	H	W	T	A	O	S	N	E	W	R	Z	O
M	S	L	I	S	D	L	R	E	R	U	D	A	R	D
U	F	M	C	N	F	L	C	F	A	S	U	E	A	S
A	J	M	K	F	K	L	L	W	K	S	V	O	D	R
H	C	R	A	M	Q	Y	S	I	R	F	T	U	O	K
D	N	A	D	R	A	I	N	H	R	C	B	E	C	E
G	E	C	E	T	U	L	I	P	S	P	N	J	R	L
N	V	Y	E	K	W	L	P	M	Y	R	A	T	P	Y
T	L	D	V	S	B	C	U	R	U	I	F	K	W	I

APRIL

BIRDS

BLOOM

BUDS

BUTTERFLY

CHICKADEE

CLEANING

EASTER

EGG

FLOWERS

GRASS

MARCH

MAY

RAIN

RAINCOAT

SUN

TULIPS

UMBRELLA



Acknowledgment & Appreciation

Elizabeth Crosbie Holiday Greeting Card. Extend-A-Family had the privilege of having a beautiful piece of art created for our holiday greeting card this year. It was made by Elizabeth Crosbie, a grade 12 student in the Visual Arts program at the Cardinal Carter Academy for the Arts. She combined vibrant watercolours and conveyed a message of friendship, diversity and inclusion.

Thank you Elizabeth for your colourful contribution”.

Many Thanks

I want to thank Extend-A-Family for the beautiful painting, “Spirit Union” by the aboriginal artist, Wolf Walker. It was given to me when I retired in June, 2005. For me, Wolf Walker’s written interpretation of the painting speaks to the heart and soul of Extend-A-Family. He writes about - guidance “to a higher perspective and to the realm of all possibilities.” To “dream the impossible dream” and “working towards making that dream a reality.”

I will always treasure this wondrous gift. Thank You.

Liz Short (Former E-A-F Coordinator)

Blue Man Show

In November 2005, we received many free tickets from the Panasonic Theatre to attend an extra-ordinary show called “The Blue Man Group”.

The critically acclaimed Blue Man Group creates experiences that defy categorization. Best known for multi-media performances that feature three bald and blue characters who take the audience on a journey that is funny, intelligent and visually stunning, Blue Man Group is accompanied by a live band whose haunting tribal rhythms help drive the show to its unforgettable climax.

We would like to acknowledge Danielle Roy (from Marketing and Public Relations Department) for her generous donations of tickets to our individuals and families we support at Extend-A-Family. Each person that attended had the experience of a lifetime and we are very appreciative for the grand opportunity.

Thank you again Panasonic Theatre!!!!

Congratulations Carl!

In November 2006, Carl Jaglall was honoured with the Grade 11 Geography Award at Sir Robert L. Borden Business Technical Institute. Carl was presented with a plaque recognising his accomplishments at the school’s award assembly. Congratulations Carl on a job well done!

Congratulations on your Graduation Brandy Seaward!

Brandy! Congratulations on your graduation from W. Ross Macdonld School. Brandy, your hard work and effort paid off! Best wishes for an enriching future. Liz Short & your friends at E-A-F.

Thank you for your contributions!

Charitable Registration Number 11890-4846-RR0001

Please make cheques payable to **Extend-A-Family** & mail to:



Extend-A-Family
200-3300 Yonge Street
Toronto ON M4N 2L6

For receipt purposes we require the following information:

Name _____ Tel: _____

Address _____