



## **Adult Sibling Support Group**

Extend-A-Family is hosting an Adult Sibling Support Group for people 18 and older who want to get together with other adults who have a sibling with special needs.

Come together over ZOOM to connect, share, explore, support each other and meet new people.

Where: **Zoom**

When: **Thursday evening- once a month**

Time: **6-7pm**

Dates: **May 11 2023, June 15 2023**



Please RSVP

For more information please contact:

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*Take care of yourself and each other*